

NORTHEASTERN MANITOULIN & THE ISLANDS PUBLIC LIBRARY

SENIOR COMPASS

Creating Opportunities for More Patrons to Access and Support Services

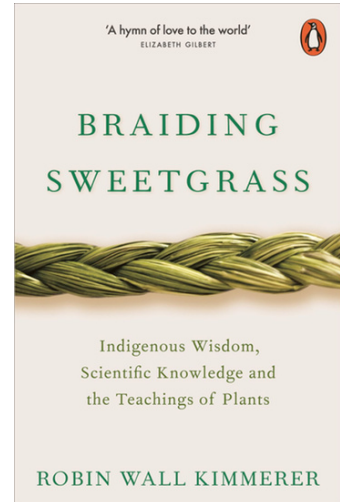
Monthly Book Showcase

Title: Braiding Sweetgrass
Author: Robin Wall Kimmerer
Genre: Nature Writing, Biography

Braiding knowledge from the beginning of time to the present in 3 different areas: Indigenous knowledge from time immemorial, scientific knowledge, and teaching of plants (Wall Kimmerer's favourites are Asters and Goldenrod).

Worked on and with Mother Earth, Robin is always grateful for all that Mother Earth shares no matter how big or small. Braiding Sweetgrass shares that the world must remember all are important and dependent on each other.

Wall Kimmerer cares for all of creation and was able to braid it all together by raising a family, teaching (professor) and fully engaging in her Indigenous culture and being. We are all dependent on each other and what happens to one affects the other. An example from Braiding Sweetgrass that demonstrates this beautifully is the Three Sisters planting; corn, squash, beans. Corn grows tall to support the climbing beans and the squash shades it all. This is what we need to do to support one another in many different ways and be grateful.



LAST CALL . . .

BOOKS SUGGESTIONS !!

If you have ideas for books to purchase for the library as part of the Senior COMPASS Project please call us at

**705-368-2444 or email:
nemilibcompass@vianet.ca**

New books should be published within the last 2 years. There is no timeline for classics.



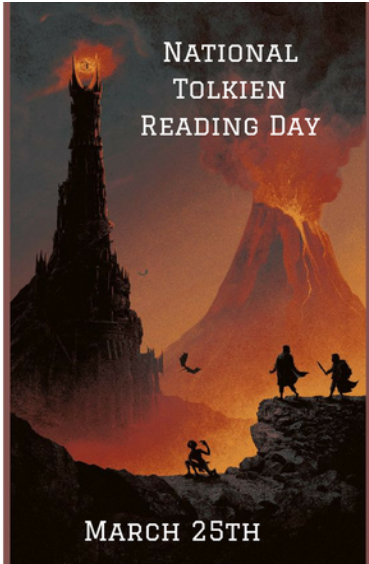
PATHS FORWARD CELEBRATION !!



Anyone wishing to help organize, setup, and be a part of our celebration at the end of the month, please contact the Library at

**705-368-2444 or email
nemilibcompass@vianet.ca**





MARCH IS . . .



National Women's History Month

World Water Day March 22

5 tips to **SAVE** ≈ **140** litres a day

- SAVE 45 litres** Showers
 - ✗ 10-min shower 90L
 - ✓ 5-min shower 45L
- SAVE 11.5 litres** Brushing your teeth
 - ✗ Tap running for 2 minutes 12L
 - ✓ Using a mug 0.5L
- SAVE 3 litres** Flushing the toilet
 - ✗ 4 full flushes per day 18L
 - ✓ 2 full flushes, 2 half flushes 15L
- SAVE 28 litres** Dish washing
 - ✗ Washing under a running tap for 5 minutes 40L
 - ✓ Filled sink/container 12L
- SAVE 52.5 litres** Washing machine
 - ✓ 4 ticks

Source: Water Conservation Awareness Programme (PUS) www.pus.gov.sg

International Women's Day
March 8
#breakthebias



As part of **International Women's Day**, Manitoulin Family Resources in collaboration with Mnidoo Mnising, Coalition Against Domestic Violence is hosting a **Virtual Women's Wellness Week**.

Please visit www.mfresources.net to fill out registration form or call **705-377-5160** or **1-800-465-6788**

They are also seeking nominations from the community who want to celebrate outstanding women in our area.

Seeking Nominations

Do you know a local woman who should be recognized for her efforts, dedication, and leadership?



As part of Women's Wellness Week, the Mnidoo Mnising Coalition Against Domestic Violence is currently seeking input from community members who want to celebrate outstanding women in our area. Nominees will be featured on Manitoulin Family Resources' social media pages. Nominators are encouraged to submit a 200 word biography outlining why this woman should be recognized.

Letters will be accepted until **March 11th, 2022**.

If you are interested in submitting a letter, please email mgibson@mfresources.net. Please note that all nominees will be followed up with before posting to social media.

NEMI Public Library Senior COMPASS Paths Forward Celebration

AN OPEN HOUSE FOR COMMUNITY SENIORS,
OLDER ADULTS AND THEIR GUESTS

Stop in at the Library on March 28th
between Noon and 4pm

 GAMES, ACTIVITIES & PRIZES

 CHECK OUT OUR NEW BOOKS & MOVIES

 SENIOR COMPASS CLUB ACCOMPLISHMENTS

 PROVIDE SUGGESTIONS, FEEDBACK

& GUIDANCE FOR FUTURE LIBRARY PROGRAMS & SERVICES



**NEMI Public
Library**

Call Us: 705-368-2444

Email Us: nemilibcompass@vianet.ca

Find us online:

<https://nemi.olsn.ca/seniorcompass>

LIBRARY BOARD OF DIRECTORS OPPORTUNITY

NEMI Public Library Board is looking for persons interested in playing a part in directing the delivery of library services to our community and seeking new ways to provide a broader range of accessible features.



Qualified individuals (Canadian citizens who are at least 18 years old and reside in the municipality, not employed by the library or municipality) may submit a letter of interest summarizing their related skills and experience to:

**Clerk, Town of NEMI
14 Water Street East
P.O. Box 608
Little Current, Ontario
POP 1K0**

**For additional information:
<https://nemi.olsn.ca/nemi-library-board/>**

