

NORTHEASTERN MANITOULIN &amp; THE ISLANDS PUBLIC LIBRARY

# SENIOR COMPASS NEWS

Creating Opportunities for More Patrons to Access and Support Services

Senior COMPASS News is a way that we share information to community seniors. We include such things as library information, community events and resources, ways to be safe, stay connected and healthy, mental health and dementia resources, as well as information on Elder Abuse. Sometimes this information might not apply to you. We ask that if you know a senior in our community that would benefit from receiving this newsletter, please reach out to them.

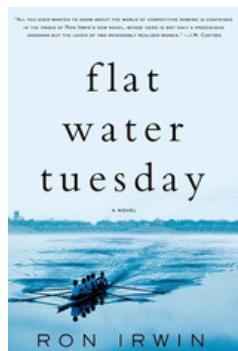
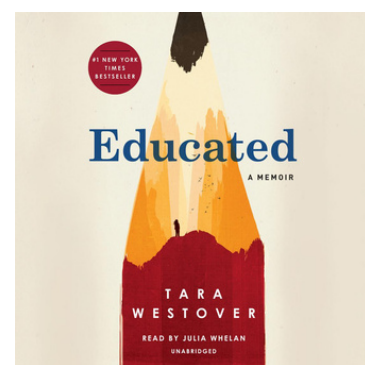
When we are too busy to read . . .  
check out **AUDIO BOOKS**



The 2005 Classic Audio Book. More fun than Christmas pudding! This yule-inspired collection features the ever-popular "Dave Cooks The Turkey" story. It's all you need to kickstart a few new holiday memories of your own. Lots of laughs for those Stuart McLean fans!!

Tara Westover was 17 the first time she set foot in a classroom. Born to survivalists in the mountains of Idaho, she prepared for the end of the world by stockpiling home-canned peaches and sleeping with her "head-for-the-hills bag".

Educated is an account of the struggle for self-invention. Westover has crafted a universal coming-of-age story that gets to the heart of what an education is and what it offers: the perspective to see one's life through new eyes and the will to change it.



When documentary filmmaker Rob Carrey flies back to New York from a shoot in South Africa to salvage his relationship with his lover Caroline Smythe, he unexpectedly finds himself called back to his former boarding school following a heartbreaking tragedy. The Fenton School Boat Club's top rowing team, called the God Four, is legendary. But the price that they pay for a shot at glory will scar each member of Carrey's team far into adulthood.

# SENIOR COMPASS PROGRAMMING 2023

## INTRODUCTION TO KNITTING



WEDNESDAYS  
JANUARY 11, 18, 25, 2023  
3-4:30 P.M.

ALL AGES WELCOME

ALL SUPPLIES WILL BE PROVIDED

LIMITED TO 6 PARTICIPANTS  
CALL THE LIBRARY TO REGISTER  
705-368-2444

## Internet Security - What To Watch For

Saturday, January 21, 2023

11:00 a.m.

presented by  
Dave Patterson



Call NEMI Library to Register  
705-368-2444

# An Introduction to Watercolours

## Getting Ready to paint with WATERCOLOURS !! with Gail Robinson

An introductory class/workshop to start you off on solid ground, to get the best watercolour results.

Learn what Gail wishes she knew BEFORE she started painting.

Bring in a few SIMPLE ideas to paint.

Basic supplies will be provided or you can bring your own.



Limited to 7 senior participants.  
**Thursday, February 23, 2023**  
1:30-3:30 p.m.



Register at [nemilibcompass@vianet.ca](mailto:nemilibcompass@vianet.ca)  
or call 705-368-2444

NEMI Public Library's  
**Senior COMPASS Project**  
presents

## AGEISM – RISKS FOR SENIORS

with **Sheila Schuehlein**  
from **Elder Abuse Prevention**  
**Ontario**



February 2023  
details to follow



# Book Buddy Program

There are still openings for our Book Buddy Program!!



Do you have difficulty getting to the library? Do you know a Senior who has difficulty getting to the library? Homebound Senior Residents of NEMI can now access library materials with the help from a volunteer. If you know a Homebound Senior who would be interested in having books delivered to their home, please contact



**Suzanne: [nemilibcompass@vianet.ca](mailto:nemilibcompass@vianet.ca)  
705-368-2444**

## LIBRARY NEWS & PROGRAMMING

*Learn the art of felting from a local fibre artist*



**Make your own  
felt medicine pouch**

Saturday, January 14  
1:00-3:00 pm

**Call to register for the TSD program:**



**NEMI Public Library 50 Meredith St, W.  
Little Current 705-368-2444**



REMINDER

**NEMI PUBLIC LIBRARY  
WRITER'S RING**  
2ND AND 4TH TUESDAY  
OF EACH MONTH AT 2:00  
PM  
FACILITATED BY MARGERY FRISCH

DON'T FORGET

## **CANVA Basics Workshop**

January 28, 2023  
1pm-3pm

**CANVA is an online graphic design tool**

Participants will be provided with  
Step by Step Assistance to Create a Personalized  
Flyer, Poster, or Social Media Graphic



**No Experience Necessary**



**Call To Register for the TSD Program:**

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**NEMI Public  
Library**

Call Us: 705-368-2444

Email Us: [nemilibcompass@vianet.ca](mailto:nemilibcompass@vianet.ca)

Find us online:

<https://nemi.olsn.ca/seniorcompass>

*The Library is for Everyone*

**Senior COMPASS Project**

NEMI Public Library is seeking  
the valuable guidance and insight of  
community seniors and older adults to make  
the library better for everyone.

*The Community is its COMPASS*